

This course provides the basic foundation critical to OT practice by providing the general history of the OT profession, development of the basic tenets and paradigms of OT, and an understanding of the OT conceptual practice models. This course will introduce the student to various areas of OT practice as well as the scope of practice necessary as a foundation course for the succeeding OTA courses.

III. Statement of Course Need:

- A. This course begins with the history and the founders of occupational therapy and the philosophy and values of the profession. The course progresses as students delve in the domain of OT practice recognized by the AOTA Practice Framework III (2014) and the scope of practice. Students begin to appreciate the concepts of occupation, therapeutic activities, and group dynamics as they perform a thorough occupational profile and conduct a comprehensive activity analysis. This course will lay the foundation in developing the students' clinical competence through critical thinking and exposure to current issues in OT and emerging areas of practice in a variety of settings. Students begin to understand the roles and responsibilities of the occupational therapist, the occupational therapy practitioner / occupational therapy assistant, supervisory relationship, and practice areas discussed throughout the course.
- B. There is no lab in this course.
- C. This course is not designed for transfer.

IV. Place of Course in College Curriculum:

- A. Free Elective
- B. This course meets a program requirement for the AAS in Occupational Therapy Assistant.

V. Outline of Course Content

- A. History of OT and Philosophical base
- B. OT Practice Framework 3rd ed. Domain and Practice
- C. Activity Analysis
 - 1. OT Terminologies
 - 2. Therapeutic Activities
 - 3. Impact of Culture and Diversity, Socio economic factors and Participation
- F. Theoretical Foundations for OT Practice
 - 1. Intro to OT Models, Theories, Frames of Reference
 - 2. OT Practice and Settings

3. Current Issues and Emerging Practice

G. Professional Organizations

H. Social Health Policies in US

1. Private Insurance, Medicare, Medicaid

I. Role of OT, OTA, OT Tech, Rehab Aides

1. Supervision and the Supervisory Relationship

J. OT Code of Ethics

K. Becoming a certified and licensed COTA

L. Introduction to OT across the life span

M. OT Process: Evaluation, Intervention, and Outcomes

N. Evidenced Based Practice

O. OT Evaluation Tools and Intervention Modalities

P. Occupational Profile

Q. Therapeutic Relationships

R. Service Management Function

S. Clinical Reasoning

VI. General Education and Course Learning Outcomes

A. General Education Learning Outcomes:

At the completion of the course, students will be able to:

1. Demonstrate understanding of methods, skills, tools, and systems used in an OT practice while considering historical, theoretical, scientific, technological, philosophical, and ethical bases in a variety of settings. (GE-NJ 1, 3, 4, 7, ER, IL)*
2. Communicate effectively through written and oral OT communication and through other forms as appropriate. (GE-NJ 1, IL)
3. Demonstrate proficiency in the collection, interpretation, and presentation of scientific OT data and its application to the field. (GE-NJ 1, 3, 4, IL)*
4. Demonstrate knowledge and understanding of theories in social and behavioral sciences as it pertains to occupational therapy. (GE-NJ 1, 5)*

5. Articulate the importance and influence of diversity within and among cultures and societies as it pertains to occupational therapy. (GE-NJ 1, 8)

*embedded critical thinking

B. Course Learning Outcomes:

At the completion of the course, students will be able to:

1. Identify age appropriate occupations throughout the lifespan and therapeutic activities that promote wellness and independence. (B.1.3)*
2. Select appropriate therapeutic interventions and activities that are culturally sensitive to the needs of the client. (B.1.4)*
3. Explain the rights and needs among individuals receiving OT services. (B.1.5)*
4. Provide information on preventive measures among people at risk of developing potential health crisis. (B.1.6)*
5. Explain the evolution of the OT profession and identify significant contributors. (B.2.1)*
6. Explain the domain and practice area of OT. (B.2.2)*
7. Demonstrate competence in the ability to perform informal and formal activity analysis of different occupations. (B.2.27)*
8. Explain different theories, practice models, and frames of references used in OT. (B.3.1)*
9. Select appropriate theories, practice models, and frames of references used in OT when creating treatment interventions and strategies. (B.3.2)*
10. Explain how health services have evolved and how they influence OT practice. (B.3.4)*
11. Understand the ethical implications of delivering OT services through evidence-based practice through certified and competent individuals in different settings. (B.9.1)*

*represents ACOTE Standards required for accreditation

C. Assessment Instruments

1. Demonstrations
2. Essays & papers
3. Tests & Quizzes
4. Presentations
5. Discussion
6. Case studies
7. Class participation
8. Online Forums
9. Assigned readings
10. Observational opportunities

VII. Grade Determinants

- A. Tests & Quizzes
- B. Essays and Papers
- C. Class Participation
- D. Presentations
- E. Online Forums

Given the goals and outcomes described above, LIST the primary formats, modes, and methods for teaching and learning that may be used in the course:

- A. Lecture/discussion
- B. Small group work
- C. Guest speakers
- D. Student oral presentations
- E. Student collaboration
- F. Independent study
- G. Case studies
- H. Audiovisual (DVD's, YouTube)
- I. Online Forum assignments
- J. Assigned readings
- K. Observational opportunities

VIII. Texts and Materials

A. Required textbooks

O'Brien, J. C. & Hussey, S. M. (2012). *Introduction to Occupational Therapy (4th ed.)*. St. Louis, MO: Elsevier, Mosby ISBN-13: 978-0323084659 ISBN-10: 0323084656

Boyt Schell, B. A., Gillen, G., & Scaffa, M. E. (2014). *Willard & Spackman's Occupational Therapy (12th ed.)*. Baltimore, MD: Lippincott, Williams & Wilkins ISBN-13: 978-1451110807 ISBN-10: 1451110804

American Occupational Therapy Association. (2014). Occupational therapy practice framework: Domain and process (3rd ed.). *American Journal of Occupational Therapy*, 68(Suppl. 1) S1-S48. <http://dx.doi.org/10.5014/ajot.2014.682006>
ISBN-13: 978-1569003619 ISBN-10: 1569003610

Thomas, H. (2015). *Activity Analysis (2nd ed.)*. Thorofare, NJ: Slack Incorporated
ISBN-13: 978-1617119675 ISBN-10: 1617119679

B. Supplemental textbooks

Morreale, M. J. (2015). *Developing Clinical Competence A Workbook for the OTA*. Thorofare, NJ: Slack Incorporated ISBN: 978-1-61711-815-9

Radomski, M. V. & Trombly – Latham, C. A. (2014). *Occupational Therapy for Physical Dysfunction (7th ed.)*. Baltimore, MD: Lippincott, Williams & Wilkins
ISBN-13: 978-1451127461 ISBN-10: 1451127464

*Please note: The course outline is intended only as a guide to course content and resources. Do not purchase textbooks based on this outline. The RVCC Bookstore is the sole resource for the most up-to-date information about textbooks.

IX. Resources

- A. Library
- B. Computer/computer lab