

**RARITAN VALLEY COMMUNITY COLLEGE
ACADEMIC COURSE OUTLINE**

HMNS 290: Internship in Human Services I

I. Basic Course Information

A. Course number and Title: HMNS 290: Internship in Human Services I

B. New or Modified Course: Modified

C. Date of Proposal: Semester: Spring 2018

D. Effective Term: Fall 2018

E. Sponsoring Department: Humanities, Social Sciences, Social Work, & Education

F. Semester Credit Hours: 3 credits

G. Weekly Contact Hours: Lecture: 2
 Laboratory: N/A
 Work Site: Total minimum of 80 hours
 Out of Class student work per week: 4

H. Prerequisites: *HMNS 201, Human Behavior and the Social Environment and HMNS 205, Interviewing and Counseling; permission of the instructor; in addition, Substance Abuse majors must complete HMNS 105, 208, 212, and 213.*

I. Laboratory fees: N/A

J. Name and Telephone Number or E-Mail Address of Department Chair:
Brandyn Heppard, Dept. Chair, brandyn.heppard@raritanval.edu
Patrice Marks, Division Dean, Patrice.marks@raritanval.edu

II. Catalog Description

Prerequisites: HMNS 201, Human Behavior and the Social Environment and HMNS 205, Interviewing and Counseling; permission of the instructor; in addition, Substance Abuse majors must complete HMNS 105, 208, 212, and 213.

An internship provides the opportunity for experiential learning through student involvement in a local social service agency. This course is designed to provide a bridge between the concepts learned in previous Human Services courses and the practical application of these concepts in a direct practice human service setting. A variety of field experiences are available to meet areas of student interest including work with the

homeless population, at-risk youth, the elderly, individuals with mental health and substance use disorders, other disabilities, and other populations of interest. Students will spend a minimum of 80 hours in a field setting and assume an active role in the delivery of services of that organization. Individualized learning outcomes are established at the outset between the student, instructor and field site supervisor to ensure a clear understanding of the student's role and the competencies to be developed through the field experience.

III. Statement of Course Need

- A. This course is a requirement for the A.S. in Human Services/Pre-Social Work and AAS in Human Services degree. Additionally, field experience is required for students transferring into Bachelor's degree programs in Social Work at area colleges and universities. Taking this course at RVCC will allow students to transfer into their chosen four-year bachelor's programs with junior status. Additionally, it is often a prerequisite for subsequent field experiences.
- B. There is no lab component.
- C. This course is transferable to most BSW programs in combination with HMNS 102: *Introduction to Social Work and Social Welfare Systems*.

IV. Place of Course in College Curriculum

- A. Free Elective
- B. This course meets a program requirement in the A.S. in Human Services/Pre-Social Work, A.A.S. in Human Services, and the Chemical Dependency, Certificate of Completion program.
- C. This course may transfer as a Social Work elective into human service and social work programs at New Jersey colleges and universities. It is required to ensure junior status upon transfer.
- D. To see course transferability: a.) for New Jersey schools, go to the NJ Transfer website, www.njtransfer.org; b.) for all other colleges and universities, go to the individual websites. As noted above, this course is generally transferable to an accredited social work program.

V. Outline of Course Content

- A. Engagement
 - 1. Active Listening
 - 2. Empathy
 - 3. Rapport
- B. Professional Identity
 - 1. Boundaries
 - 2. Demeanor
 - 3. Appearance
 - 4. Self-reflection
- C. Documentation
 - 1. Professional writing skills
 - 2. Accountability

3. Regulatory requirements and reporting procedures
- D. Supervision
- E. Ethical reasoning
- F. Application of theory to practice

VI. General Education and Course Learning Outcomes

A. General Education Learning Outcomes

At the completion of the course, students will be able to:

1. communicate effectively with clients and colleagues in a social service setting. (GE 1)
2. complete reports and documentation appropriate to the field setting. (GE 1)
3. make informed judgments concerning ethical issues consistent with the NASW Code of Professional Ethics. (GE—ER)

B. Course Learning Outcomes

At the completion of the course, students will be able to:

1. Demonstrate professional demeanor in behaviors; appearance; and oral, written, and electronic communication.
2. Apply self-awareness and self-regulation to manage the influence of personal biases and values in working with diverse clients and constituencies.
3. Use empathy, reflection, and interpersonal skills to effectively engage diverse clients and constituencies.
4. Apply knowledge of human development, ecological assessment, and other multidisciplinary frameworks in providing supportive counseling and care coordination.

C. Assessment Instruments

1. Portfolio
2. Field supervisor evaluation
3. Reflective assignments

VII. Grade Determinants

- A. Completion of 80 hours of field experience
- B. Satisfactory Field Supervisor evaluations
- C. Production of specific artifacts as requested

List primary formats, modes, and methods of teaching and learning that may be used in this course:

- A. Discussion

- B. Independent study
- C. Field work
- D. Written assignments
- E. Self-reflection exercises
- F. Journaling
- G. Computer assisted instruction

VIII. Texts and Materials

Sweitzer, H.F. & King, M.A. (2009). *The successful internship: Personal, professional and civic development*, 3rd ed. Belmont, CA: Brooks/Cole.

Kiser, P.A. (2008). *The human services internship: Getting the most from your experience*, 2nd ed. Belmont, CA: Brooks/Cole.

Please Note: The course outline is intended only as a guide to course content and resources. Do not purchase textbooks based on this outline. The RVCC Bookstore is the sole resource for the most up-to-date information about textbooks.

IX. Resources

- A. Field sites
- B. Community resources
- C. Online resources

X. Honors Option

N/A