

III. Statement of Course Need

- A. Presently students acquire theoretical knowledge of **supportive counseling skills for intervention** in social work and human service **settings**. Development and practice of these skills is a pre-requisite to field or job placement to ensure competency in basic skills.
- B. There is no lab component.
- C. This course is accepted as a human service/social work elective at many 4-year institutions, and is generally required prior to the completion of field experience in CSWE accredited BSW programs.

IV. Place of Course in College Curriculum

- A. Free Elective
- B. This course fulfills a requirement in the A.S. degree in Human Services/Pre-Social Work, the Certificate in Human Services, Certificate in Chemical Dependency, and the Certificate of Completion in Human Services.
- C. To see course transferability: a) for New Jersey schools, go to the NJ Transfer website, www.njtransfer.org; b) for all other colleges and universities, go to the individual websites.

V. Outline of Course Content

- A. The Clinical Interview
- B. Values, Ethics and Diversity
- C. Getting Started
- D. Attending and Listening
- E. Support and Empathy
- F. Exploration and Elaboration
- G. Assessment and Goal Setting
- H. Planning and Evaluating Change
- I. Gaining New Perspectives
- J. Changing Behavior
- K. Working with People in Crisis
- L. Examining the Clinical Relationship
 - 1. Relationship Dynamics
 - 2. Self-Disclosure
 - 3. Boundary Issues
- M. Endings and Transitions

VI. Educational Goals and Learning Outcomes

A. General Educational Goals

At the completion of the course, students will be able to:

- 1. **Communicate** effectively, both verbally and in writing, individually. (**GE-NJ 1**)

2. **Explain** concepts, theories and models of human service/social work intervention. (GE-NJ 5)
3. **Identify** their own prejudices, biases, and needs and **explain** how these influence behavior, attitudes and judgments about others. (GE-NJ 8)

B. Course Learning Outcomes

At the completion of the course, students will be able to:

1. **Gather information**, develop an initial hypothesis, and create a preliminary service plan.
2. **Use** interviewing and assessment techniques appropriate to the situation during in-class simulations and written examinations including case scenarios
3. Identify personal values, attitudes and biases that they bring to the helping role through required journal entries and personal reflections

C. Assessment Instruments

1. Journals
2. Written & verbal analysis of case scenarios
3. Role playing and simulations

VII. Grade Determinants

- A. Journals
- B. Written assignments
- C. Skills demonstration

VIII. Texts and Materials

Samples of specific texts that may be use:

Murphy, B.C., & Dillon, C. (2008). *Interviewing in action in a multicultural world*. Belmont, CA: Brookes/Cole .

Cummins, Sevel, & Pedrick. (most recent edition). *Interviewing & social work skills*. Allyn & Bacon.

Haulotte, S.M., & Kretzschmar, J.A., (most recent edition). *Case scenarios for teaching and learning social work practice*. Alexandria, VA: CSWE.

Mattaini, M. (most recent edition). *Clinical practice with individuals*. Washington, DC: NASW Press.

Mattaini, M. (most recent edition). *Clinical intervention with families*. Washington, DC: NASW Press.

Supplemental student workbook recommended.

IX. Resources

A. Classroom instruction

X. Honors Option

n/a

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