

**RARITAN VALLEY COMMUNITY COLLEGE  
ACADEMIC COURSE OUTLINE**

**HMNS 212 COMMUNITY RESOURCES AND CASE MANAGEMENT**

**I. BASIC COURSE INFORMATION**

- A. Course Number and Title:** COMMUNITY RESOURCES AND CASE MANAGEMENT (HMNS 212)
- B. New or Modified course:** New
- C. Date of proposal:** Spring 2013
- D. Sponsoring Department:** Humanities, Social Science & Education
- E. Semester Credit Hours:** 3
- F. Weekly Contact Hours:** Lecture: 3  
Laboratory: 0
- G. Prerequisites/Co-requisites:** Introduction to Addictions (HMNS 105)
- H. Laboratory Fees:** None
- I. Name and Telephone Number or E-Mail Address of Department Chair:**  
Karen L. Gutshall, [kgutshal@raritanval.edu](mailto:kgutshal@raritanval.edu)

**II. COURSE DESCRIPTION:**

*Pre-requisite: Introduction to Addictions (HMNS 105)*

This Course will enable the students to develop understanding of the fundamentals of case management, and how those skills are translated into action in the human service profession. Students will learn skills that will facilitate their transition from the classroom into the human service arena. They will learn the vocabulary and methods used by more advanced human service professionals in the human service field. State and local service delivery agencies will be explored through research, lectures and guest speakers. Emphasis will be placed on Community resources, consultation, documentation, HIV and resources, New Jersey Mental Health Services, New Jersey Child and family Services, New Jersey Employment Services, and the criminal Justice system. These courses will emphasize critical thinking. This course will prepare those students seeking certification as alcohol and drug counselors (CADC).

**III. STATEMENT OF COURSE NEED:**

- A. Individuals entering the field of human services are finding themselves plunged from the classroom into roles which they have little formal training. It is important for these individuals to receive step by step training to prepare them for the social service setting which they will be expected to carry out duties as professionals in their scope of practice. The field of addiction and substance abuse treatment is expected to grow far faster than

most other areas of mental health and humans services through 2018. Service providers in the Somerset and Hunterdon County area, as well as the NJ Board of Examiners for Addiction Professionals report a growing need for programs approved to provide the coursework required for the certification as an alcohol and drug counselor (CADC). Hence, this course will serve as the third of four courses specific to addiction studies within the degree program is compelling in response to both the local labor market and student population.

- B. It is anticipated that this course will transfer as elective credit to most NJ Colleges based on the transfer equivalence of similar courses at other NJ community colleges offering CADC coursework and as posted on NJ Transfer.

#### **IV. PLACE OF COURSE IN COLLEGE CURRICULUM**

- A. Free elective
- B. This course meets the human service specialized elective option for the A.S. in Human Services/Pre-Social Work and the A.A.S. in Human Services.
- C. To see course transferability: for New Jersey schools, go to the NJ Transfer website, [www.njtransfer.org](http://www.njtransfer.org); for all other colleges and universities, go their individual websites.

#### **V. OUTLINE OF COURSE CONTENT**

- A. Foundations for best practice in case management
  1. Ethics and Other Professional Responsibilities Humans Service Workers
  2. Case Management: Definition and Responsibilities
  3. Applying the Ecological Model: A Theoretical Foundation for Human Services
- B. Useful Clarifications and Attitudes
  1. Cultural Competence
  2. Attitudes and Boundaries
  3. Attitudes and boundaries
  4. Clarifying Who Owns the Problem
- C. Effective Communication
  1. making effective community education presentations
  2. developing and maintaining professional relationships with community resources
- D. Meeting Client Needs
  1. Documenting initial inquiries'
  2. The First Interview
  3. Social Histories and Assessment forms
  4. Using DSM
  5. Mental Health Exam and Resources
  6. Receiving and Releasing Information
- E. Using Resources and Developing a Plan with the Client
  1. Developing a Service Plan at the Case Management Agency
  2. Preparing for a Service Planning Conference

3. Making the Referral
4. Documenting and Recording

F. Monitoring Services and Following the Client

1. Monitoring the Services or Treatment
2. Developing goals and Objectives at the Provider Agency
3. Terminating the case
4. Take care of yourself

G. Federal, local and state agencies

1. SAMSHA
2. Mental Health Services
3. Child and Family Services
4. New Jersey Disability Services
5. Employment Services
6. New Jersey Criminal Justice system

## VI. EDUCATIONAL GOALS AND LEARNING OUTCOMES

A. Educational Goals

Students will:

1. Use technology and other forms of information management to identify, collect and process information (GE-NJ 4).
2. Develop effective communication skills within a professional context (GE-NJ 1).
3. Identify community resources to respond to variations in culture, language, and perceptions of a diverse client population (GE-NJ 8).

B. Learning Outcomes

Students will be able to:

1. Demonstrate knowledge of best practice in case management
2. Match community resources to specific client needs with particular attention to cultural and life style characteristics
3. construct and monitor a client service plan
4. Critically discuss the role of case management in addiction services
5. Design and deliver community education presentations on substance use and abuse

## VII. MODES OF TEACHING

- A. lecture/Discussion
- B. small group discussion
- C. student collaboration
- D. film and video
- E. simulation/role playing

## VIII. Papers, Examinations and other Assessment Instruments

- A. research papers
- B. reflection papers
- C. exams
- D. demonstrations

**IX. Grade Determinants**

- A. Written client service plans (LO 1, 3)
- B. Class presentations (LO 5))
- C. Essays (LO 1, 2, 5)
- D. Exams (LO 1, 2)

**X. Texts and Materials**

Suggested Textbook: Summers, N. *Fundamentals of case management practice*, 4<sup>th</sup> ed.

**XI. Resources**

College Library