

**RARITAN VALLEY COMMUNITY COLLEGE  
ACADEMIC COURSE OUTLINE**

**HLTH 102 – Certified Nurse Aide (CNA)**

**I. Basic Course Information**

- A. Course Number and Title: HLTH 102 – Certified Nurse Aide (CNA)
- B. New or Modified Course: Modified
- C. Date of Proposal: Spring 2012
- D. Sponsoring Department: Health Science Education
- E. Semester Credit Hours: 4
- F. Weekly Contact Hours: Lecture/Laboratory: 8- clinical and lecture varies per week as determined by the NJ Department of Health and Senior Services
- G. Prerequisites/Co requisites:  
Clinical Requirements (documents must be submitted to the main office of RVCC@Bridgewater following registration): Student must be 17 years or older. Students must have a background check and finger printing (approx. \$40), professional liability insurance (approx. \$40) and documented proof of the following immunizations: Mantoux (2-step TB), HBV, MMR, and Varicella. Students are also required to have a clean uniform, white shoes and a watch with a second hand (not included in tuition).
- H. Laboratory Fees: None
- I. Name and Telephone Number or E-Mail Address of Department Chair:  
Patrice Case, 908-526-1200 Ext 8915, [pcase@raritanval.edu](mailto:pcase@raritanval.edu)

**II. Catalog Description**

Clinical Requirements (A letter identifying the requirements and the mandatory documents necessary for the course will be mailed from the Health Science Education Office to the home address, following registration): The student must be 17 years or older. Students must have a background check and finger printing (approx. \$40), professional liability insurance (approx. \$40) and documented proof of the following immunizations: Mantoux (2-step TB), HBV, MMR, and Varicella. Students are also required to have a clean uniform, white shoes and a watch with a second hand (not included in tuition).

Certified Nurse Aide HLTH 102 course is approved by The New Jersey State Department of Health and Senior Services and will prepare students for the NJ State competency evaluation and CNA licensure exam. This course uses the designated New Jersey curriculum for nurse aide personnel in long term care facilities, designed and regulated by the NJ Department of Health and Senior Services. The course consists of classroom lecture, skills lab experience, and a clinical practice rotation at a long-term care facility. This course exposes the student to long-term care settings that will enable them to assist residents under the direct supervision of a registered nurse. Certification allows students to work at nursing homes, mental health centers, assisted-living facilities, rehabilitation centers and private homes. Total scheduled class time is 90 hours, as determined by the state.

### **III. Statement of Course Need**

- A. Offering the Certified Nurse Aide course for credit will enable mobility and opportunities for students interested in healthcare careers. The CNA course will attract incumbent and dislocated workers within our community at large. There is a documented need in New Jersey for healthcare professionals. As of August 2010, New Jersey's unemployment rate was 9.6%. The projected occupational growth in healthcare in New Jersey for nursing aides, orderlies and attendants in 2009 was 5,750. According to the State of New Jersey Department of Labor and Workforce Development, NJ's Labor Market Information states that by 2016, the Health Care and Social Assistance sector will have a projected employment of 594,000 open jobs with an annual growth rate of 1.9%, which is a 20.5% change from 2006. The Home Health Care Services sector has also projected that there will be 28,200 open jobs by 2016. The annual growth rate is 3.9%, which is a 46.1% change from 2006. Completing the Certified Nurse Aide course will open doors for those students who are interested in the healthcare industry. This course will be an introduction to a variety of future career paths to pursue including but not limited to a Home-Maker/Home Health Aide, Patient Care Technician, Licensed Practical Nurse, and Registered Professional Nurse.

Reference:

1. U.S. Bureau of Labor and Statistics <http://www.bls.gov/eag/eag.nj.htm>
  2. Kean University's New Jersey's Economy and the Healthcare Industry. Healthcare Employer Engagement Forum April 15, 2009.
  3. State of New Jersey Department of Labor and Workforce Development: Labor Market Information [http://lwd.state.nj.us/labor/lpa/LMI\\_index.html](http://lwd.state.nj.us/labor/lpa/LMI_index.html)
- B. The practicum demonstration of skills competencies required for students by the Department of Health and Senior Services in the State of New Jersey will be demonstrated in the Allied Health skills lab and practical hours in the nursing home.
- C. This course is not designed to transfer.

### **IV. Place of Course in College Curriculum**

- A. Free Elective.
- B. This course does not serve as a General Education course.
- C. This course does not meet a specific program requirement at this time.
- D. To see course transferability: a) for New Jersey schools go to the NJ Transfer website, [www.njtransfer.org](http://www.njtransfer.org). For all other colleges and universities, go to the individual websites.

## **V. Outline of Course Content**

The CNA course is separated into four, state- written and mandated, modules. Each section contains both lecture and laboratory skills. As per New Jersey State Department of Health and Senior Services, all students must successfully pass each module before progressing to the next module.

- A. Module One – Core Curriculum for Nurse Aide Personnel in Long-Term Care Facilities (16 hours)
- B. Psycho-Social Needs of the Resident (10 hours)
- C. Module Three – Physical Needs of the Resident (56 hours)
- D. Module Four – Spiritual, Recreational, and Activity Needs of the Resident (8 hours)

## **VI. Educational Goals and Learning Outcomes**

### **A. Educational Goals**

Students will:

1. Demonstrate interpersonal behaviors supportive of the development and maintenance of respectful, ethical and culturally sensitive relationships as a Certified Nurse Aide. (GE-NJ 8)

### **B. Learning Outcomes**

Student will be able to:

1. Demonstrate the requisite skills for competence at entry level employment as a CNA
2. Verbalize the role and functions of the CNA in the health care team
3. Verbalize the legal and ethical implications, and cultural sensitivity of role of the CNA (Goal 1)
4. Demonstrate effective communication skills as a CNA in the clinical setting
5. Demonstrate effective medical asepsis technique and infection control when caring for patients in the clinical setting
6. Demonstrate safe and proper body mechanics when caring for clients in the clinical setting
7. Demonstrate the role and functions of the CNA as a member of the health care team.

8. Demonstrate the knowledge to sit for the NJ State Competency Evaluation and CNA Licensure Examination administered by the New Jersey State Department of Health and Senior Services.
9. Provide safe, competent, and culturally – congruent care within the scope of practice as a Certified Nurse Aide.

## **VII. Modes of Teaching and Learning**

- A. Lecture/discussion
- B. Small-group work
- C. Guest speakers
- D. Skills laboratory
- E. Simulation/role playing
- F. Student collaboration
- G. Independent study
- H. Clinical

## **VIII. Papers, Examinations, and other Assessment Instruments**

- A. Skills laboratory products/equipment
- B. Demonstrations
- C. Study guide/workbook evaluation

## **IX. Grade Determinants**

- A. Written tests (multiple choice type questions)
- B. Laboratory skills practicum
- C. Mandatory attendance at clinical observations
- D. Mandatory attendance at all modules per state regulations

## **X. Texts and Materials**

- A. Textbook and workbook bundled:  
Sorrentino. (2008). *Mosby's Textbook of Nursing Assistants*. 7<sup>th</sup> ed. St. Louis: Elsevier Science.

(Please Note: The course outline is intended only as a guide to course content and resources. Do not purchase textbooks based on this outline. The RVCC Bookstore is the sole resource for the most up-to-date information about textbooks.)

## **XI. Resources**

A. Handouts from the New Jersey State Department of Health and Senior Services

**XII. Honors Options:** None