



This Ballet V would serve as their fourth semester. There are also many RVCC dance majors that are enrolled in the program for over two years. Repeating this course allows these students to continue working on their technique while they finish their degree.

- B. The lab component is a necessity in a technique course, and offers the students the ability to work on their movement comprehension, technical abilities, physical endurance and alignment.
- C. Transferability:
  1. This course generally transfers as a dance program requirement.
  2. This course generally transfers as a dance program elective.

#### IV. Place of Course in College Curriculum

- A. Free Elective
- B. This course meets a program requirement for the dance elective requirement in the A.F.A. Dance Degree.
- C. To see course transferability for New Jersey schools, go to the NJ Transfer website, [www.njtransfer.org](http://www.njtransfer.org); for all other colleges and universities, go to the individual websites.

#### V. Outline of Course Content

- A. Ballet Technique:
  1. Advanced conceptions of dance: strong emphasis on placement, alignment, coordination, and movement quality.
  2. Partnering
- B. Auditioning Techniques
  1. Quick studies
  2. Establishment of professional behavior
  3. Analyzing movement phrases
- C. Performance Techniques
  1. Powers of projection
  2. Differences between displaying movement and communicating it to an audience
  3. Building of concentration
  4. Awareness of stylistic differences
  5. Establishment of professional rehearsal behavior
- D. Individual independent study of solo variations from classical repertoire.
- E. Conditioning methodology for dance
  1. Weight training and conditioning
  2. Pilates, Bartenieff and yoga
- F. Physiology

1. Strength and flexibility
  2. Stamina/endurance
  3. Physicality and alignment
- G. Rehearsal process
- H. Written critical analysis and viewing of ballet dances
- I. Ballet terminology, including proper pronunciation, spelling and meaning.

## **VI. General Education and Course Learning Outcomes**

### **A. General Education Learning Outcomes:**

**At the completion of the course, students will be able to:**

1. Identify, analyze and critique dance as a communicative art form and a means of personal expression. (GE-NJ 1, 6, \*)
  2. Apply critical analysis skills of ballet movement styles and structure. (GE-NJ 1, \*)
- (\*Embedded critical thinking)

### **B. Course Learning Outcomes:**

**At the completion of the course, students will be able to:**

1. Demonstrate precise technique and expressive qualities in complex movement combinations, including execution of movement, quality, dynamics, and emotion.
2. Apply fundamental theories and principles to a broad range of challenging movement combinations requiring technical precision and expressive range.

## **VII. Modes of Teaching and Learning**

- A. Lecture/Discussion
- B. Instructor Demonstration
- C. In-class and homework movement assignments
- D. Student performances

## **VIII. Papers, Examinations, and other Assessment Instruments**

- A. Participation in class; including attitude, effort and punctuality
- B. Examinations
- C. In class rehearsal process
- D. Final performance
- E. Written critique of a live dance performance

- F. Written assignments and projects
- G. Attendance

### **IX. Grade Determinants**

- A. Participation
- B. Professional class attitude
- C. Rehearsals and performances
- D. Exams
- E. Weekly assignments
- F. Technical improvement

### **X. Texts and Materials**

- A. Suggested textbook
  1. The Language of Ballet A Dictionary, Thalia Mara
  2. Classical Ballet Technique, Gretchen Warren.
  3. Dance Kinesiology, 2<sup>nd</sup> edition, Sally Fitt, Schirmer Books, 1966.
- B. Appropriate dance clothes including ballet slippers.

(Please Note: The course outline is intended only as a guide to course content and resources. Do not purchase textbooks based on this outline. The RVCC Bookstore is the sole resource for the most up-to-date information about textbooks.)

### **XI. Resources**

- A. Rehearsal Dance Studio, with professional floor and appointments
- B. Video and DVD equipment
- C. Stereo system equipped with cassette tape, digital audio input and CD
- D. Special Room Requirements: Nash Theater (for performance)