

**RARITAN VALLEY COMMUNITY COLLEGE
ACADEMIC COURSE OUTLINE**

DANC-107 BALLET I

I. Basic Course Information

A. Course Number and Title: DANC-107
BALLET I

B. New or Modified Course: Modified

C. Date of Proposal: Semester: Fall Year: 2023

D. Effective Term: Fall 2024

E. Sponsoring Department: Arts & Design

F. Semester Credit Hours: 2

G. Weekly Contact Hours: 3 Lecture: 1
 Laboratory: 2
 Out of class student work per week: 3

H. Prerequisite (s): No
 Corequisite (s): No
 Prerequisite (s) and Corequisite (s): No

I. Additional Fees: No

J. Name and E-Mail Address of Department Chair and Divisional Dean at time of approval: Darren McManus (Darren.McManus@raritanval.edu) and Virginia Smith (Virginia.Smith@raritanval.edu), Dean Patrice Marks (Patrice.Marks@raritanval.edu)

II. Catalog Description

PREREQUISITE: NONE

Ballet I will focus on the fundamentals of ballet. Through active participation in ballet technique classes, students will learn the universal vocabulary of movement. Class will open with a traditional ballet barre then proceed to center and across-the-floor work. No

previous dance experience required. Students will be required to provide appropriate dance attire and shoes.

III. Statement of Course Need

- A. This course complements the four-semester sequence of dance technique, and is a standard course in all baccalaureate dance curricula.
- B. The lab component is a necessity in a performance/rehearsal course, and offers the students the ability to learn and rehearse the choreography
- C. Transferability:
 - 1. This course generally transfers as a dance program elective.
 - 2. This course generally transfers as a dance program requirement.

IV. Place of Course in College Curriculum

- A. Free Elective
- B. Studio Arts elective
- C. This course meets a program requirement for the A.F.A. Dance Degree.
- D. To see course transferability: a) for New Jersey schools, go to the NJ Transfer website, www.njtransfer.org; b) for all other colleges and universities, go to the individual websites.

V. Outline of Course Content

Class will consist of the following major components:

- A. Ballet Technique:
 - 1. Basic conceptions of ballet: position of the feet, plie, releves, epaulement, conceptions of croise and efface, turns (en dehors, en dedans), stability and alignment.
 - 2. Battement (direct movement of the leg): tendus, degages, developpes, frappes, grands battements.
 - 3. Rotary movements of the leg: ronds de jambe a terre, ronds de jambe en l'air.
 - 4. The arms: positions of the arms, port de bras.
 - 5. Poses of the body: attitudes, arabesques, ecarte.
 - 6. Connecting and auxiliary movements: pas de bouree, coupe, tombe, passe, temps leve.
 - 7. Jumps: soubresaut, changement, echappe, sissone, assembles, jete, chasse, pas de chat and glissade.
 - 8. Turns: pirouettes, tour chaines, tours piques.
- B. Physiology
 - 9. Strength and flexibility
 - 10. Stamina/endurance

- 11. Physicality and alignment
- C. Written critical analysis and viewing of dances

VI. A. Course Learning Outcomes:

At the completion of the course, students will be able to:

1. Identify, analyze and critique dance as a communicative art form and a means of personal expression both orally and in writing. (GE 1, 6, *)
2. Apply critical analysis skills of modern movement styles and structure. (*)
3. Demonstrate development of basic components of modern dance technique, including execution of movement, quality, dynamics, and emotion.
4. Apply fundamental theories and principles to a broad range of movement combinations. (*)

(*Embedded critical thinking)

B. Assessment Instruments

1. Lecture/discussion and critique
2. Small-group work
3. Student presentations
4. Student collaboration
5. Instructor Demonstration
6. In-class and homework movement assignments

VII. Grade Determinants

- A. Professional class attitude
- B. Projects
- C. Attendance/Participation
- D. Weekly assignments
- E. Technical improvement
- F. Exams

Primary formats, modes, and methods for teaching and learning that may be used in the course:

- A. Lecture/discussion and critique
- B. Small-group work
- C. Student presentations
- D. Student collaboration
- E. Instructor Demonstration
- F. In-class and homework movement assignments

VIII. Texts and Materials

A. Suggested text(s):

1. Basic Principles of Classical Ballet, Agrippina Vaganova, Dover Publications, Inc, N. Y. 1969.
2. Ballet and Modern Dance: A Concise History, Jack Anderson, Princeton Book Company, Princeton, N.J. 1986.

B. Appropriate dance rehearsal clothes, such as leotards and tights.

(Please Note: The course outline is intended only as a guide to course content and resources. Do not purchase textbooks based on this outline. The RVCC Bookstore is the sole resource for the most up-to-date information about textbooks.)

IX. Resources

- A. Video and DVD equipment
- B. Stereo system equipped with digital audio input
- C. Rehearsal Dance Studio, with professional floor and appointments
- D. Marker board

X. Check One: Honors Course Honors Options N/A