I. Basic Course Information

A. Course Number and Title: DANC-114 BALLET FOR NON-MAJORS

B. New or Modified Course: New

C. Date of Proposal: Semester: Spring Year: 2018

D. Effective Term: Fall 2018

E. Sponsoring Department: Visual & Performing Arts

F. Semester Credit Hours: 1

G. Weekly Contact Hours: 3 Lecture: 0 Laboratory: 3

Out of class student work per week: minimum of 1.5 hours

H. Prerequisites: DANC-107 BALLET I or permission of the instructor

I. Laboratory Fees: None

J. Name and Telephone Number or E-Mail Address of Department Chair and Divisional Dean at time of approval:

John Sichel (John.Sichel@raritanval.edu) and Vanny Nadkarni (Vandana.Nadkarni@raritanval.edu), Dean Patrice Marks (Patrice.Marks@raritanval.edu)

II. Catalog Description

Prerequisite: DANC-107 BALLET I or permission of the instructor

BALLET FOR NON-MAJORS is an intermediate to advanced level ballet technique class. Through active participation, students will refine their technical skills and performance capabilities, and develop more highly advanced technical qualities. Longer movement combinations and more intricate spatial designs will be implemented in the barre, center
work and across-the-floor phases. Students will be required to provide appropriate dance attire and shoes. This course may be taken multiple times, but only once for credit.

III. Statement of Course Need

A. This course offers the general student population, as well as early credit students, a four-semester sequence of ballet technique.

B. The lab component is a necessity in a technique course, and offers the students the ability to work on their movement comprehension, technical abilities, physical endurance and alignment.

C. Transferability:
   1. This course generally transfers as a performing art elective.

IV. Place of Course in College Curriculum

A. Free Elective
B. To see course transferability: a) for New Jersey schools, go to the NJ Transfer website, www.njtransfer.org; b) for all other colleges and universities, go to the individual websites.

V. Outline of Course Content

A. Ballet Technique:
   1. Refining the five positions of the feet and arms, the nine body facings, and the five arabesques.
   2. Barre exercises: plies, tendus, degage, frappes, rond de jambe, grande battements, finishing with deep stretching at the barre.
   1. Center work: inclusion of more advanced steps and sequences with floor patterns and rhythmic variation.
   2. Adagio: focus is on presentation and expressive use of upper torso, head, and arms (port de bras), grace, and control, and includes arabesque, attitude, body facings,
   3. Petit and Grande allegro: including more complex enchainements that combine pirouettes, grand and beaten allegro.
   4. Turns: pirouette en dehors and endedans, piques, chaine, balance en tournant.

B. Physiology
   1. Strength and flexibility
   2. Stamina/endurance
3. Physicality and alignment  
C. Written critical analysis and viewing of ballet dances  
D. Ballet terminology, including proper pronunciation, spelling and meaning.

VI. General Education and Course Learning Outcomes

A. General Education Learning Outcomes:

At the completion of the course, students will be able to:
1. Identify, analyze and critique dance as a communicative art form and a means of personal expression. (GE-NJ 1, 6, *)
2. Apply critical analysis skills of modern movement styles and structure. (GE-NJ 1, *) (*Embedded critical thinking)

B. Course Learning Outcomes:

At the completion of the course, students will be able to:
3. Demonstrate development of components of classical ballet technique; including execution of movement, quality, dynamics, and emotion, as well as refining the positions of the feet, arms, and body  
4. Apply fundamental theories and principles to a broad range of challenging movement combinations.

C. Assessment Instruments

1. Small-group work  
2. Student collaboration  
3. Lecture/Discussion  
4. Movement assignments  
5. Group and Individual Critiques

VII. Grade Determinants

A. Participation  
B. Professional class attitude  
C. Weekly assignments  
D. Technical improvement

Primary formats, modes, and methods for teaching and learning that may be used in the course:
A. Lecture/discussion and critique  
B. Student collaboration  
C. Instructor Demonstration  
D. In-class and homework movement assignments

VIII. Texts and Materials

A. Suggested textbook  
   1. *The Language of Ballet A Dictionary*, Thalia Mara  
B. Appropriate dance rehearsal clothes, such as leotards and tights, including ballet slippers.  

(Please Note: The course outline is intended only as a guide to course content and resources. Do not purchase textbooks based on this outline. The RVCC Bookstore is the sole resource for the most up-to-date information about textbooks.)

IX. Resources

A. Video and DVD equipment  
B. Stereo system equipped with cassette tape, digital audio input and CD  
C. Rehearsal Dance Studio, with professional floor and appointments  
D. Ballet Barres

X. Honors Options: None