Raritan Valley Community College  
Academic Course Outline  

**DANC-107 BALLET I**

**I. Basic Course Information**

A. Course Number and Title:  DANC-107 BALLET I  

B. New or Modified Course: Modified  

C. Date of Proposal:  Semester: Fall  Year: 2017  

D. Effective Term:  Fall 2018  

E. Sponsoring Department: Visual & Performing Arts  

F. Semester Credit Hours:  2  

G. Weekly Contact Hours: 3  
   Lecture: 1  
   Laboratory: 2  
   Out of class student work per week: 3  

H. Prerequisites:  No  

I. Laboratory Fees: No  

J. Name and Telephone Number or E-Mail Address of Department Chair and Divisional Dean at time of approval:  
   John Sichel ([John.Sichel@raritanval.edu](mailto:John.Sichel@raritanval.edu)) and Vanny Nadkarni ([Vandana.Nadkarni@raritanval.edu](mailto:Vandana.Nadkarni@raritanval.edu)),  
   Dean Patrice Marks ([Patrice.Marks@raritanval.edu](mailto:Patrice.Marks@raritanval.edu))  

**II. Catalog Description**

Ballet I will focus on the fundamentals of ballet. Through active participation in ballet technique classes, students will learn the universal vocabulary of movement. Class will open with a traditional ballet barre then proceed to center and across-the-floor work. No previous dance experience required. Students will be required to provide appropriate dance attire and shoes.

**III. Statement of Course Need**

A. This course complements the four-semester sequence of dance technique, and is a standard course in all baccalaureate dance curricula.
B. The lab component is a necessity in a performance/rehearsal course, and offers the students the ability to learn and rehearse the choreography.

C. Transferability:
   1. This course generally transfers as a dance program elective.
   2. This course generally transfers as a dance program requirement.

IV. Place of Course in College Curriculum

   A. Free Elective
   B. This course meets a program requirement for the A.F.A. Dance Degree.
   C. To see course transferability: a) for New Jersey schools, go to the NJ Transfer website, www.njtransfer.org; b) for all other colleges and universities, go to the individual websites.

V. Outline of Course Content

Class will consist of the following major components:

   A. Ballet Technique:
      1. Basic conceptions of ballet: position of the feet, plie, releves, epaulement, conceptions of croise and efface, turns (en dehors, en dedans), stability and alignment.
      2. Battement (direct movement of the leg): tendus, degages, developpes, frappes, grands battements.
      3. Rotary movements of the leg: ronds de jambe a terre, ronds de jambe en l’air.
      4. The arms: positions of the arms, port de bras.
      5. Poses of the body: attitudes, arabesques, ecarte.
      8. Turns: pirouettes, tour chaines, tours piques.

   B. Physiology
      9. Strength and flexibility
      10. Stamina/endurance
      11. Physicality and alignment

   C. Written critical analysis and viewing of dances

VI. General Education and Course Learning Outcomes

Revised 11/10/17
A. General Education Learning Outcomes:

At the completion of the course, students will be able to:

1. Identify, analyze and critique dance as a communicative art form and a means of personal expression both orally and in writing. (GE-NJ 1, 6, *)
2. Apply critical analysis skills of classical ballet movement styles and structure. (GE-NJ 1, *)

(*Embedded critical thinking)

B. Course Learning Outcomes:

At the completion of the course, students will be able to:

1. Demonstrate development in the fundamental components of classical ballet technique; including placement and alignment, as well as basic positions of the feet, arms, and body
2. Apply fundamental theories and principles to a broad range of movement combinations.

C. Assessment Instruments

A. Lecture/discussion and critique
B. Small-group work
C. Student presentations
D. Student collaboration
E. Instructor Demonstration
F. In-class and homework movement assignments

VII. Grade Determinants

A. Professional class attitude
B. Projects
C. Attendance/Participation
D. Rehearsals and performances
D. Weekly assignments
E. Technical improvement
F. Exams

Primary formats, modes, and methods for teaching and learning that may be used in the course:

A. Lecture/discussion and critique
B. Small-group work
C. Student presentations
D. Student collaboration
E. Instructor Demonstration
F. In-class and homework movement assignments

VIII. Texts and Materials

A. Suggested text(s):

B. Appropriate dance rehearsal clothes, such as leotards, ballet slippers and tights.

(Please Note: The course outline is intended only as a guide to course content and resources. Do not purchase textbooks based on this outline. The RVCC Bookstore is the sole resource for the most up-to-date information about textbooks.)

IX. Resources

A. Video and DVD equipment
B. Stereo system equipped with cassette tape, digital audio input and CD
C. Rehearsal Dance Studio, with professional floor, barres and appointments
D. Marker board
E. Library of video and DVD performance recordings

X. Honors Option: N/A